

Register Today at TheBridgeCtr.org

Drums Alive® for All Ages



Drums Alive® is an inclusive program that strives to promote physical, kinesthetic, emotional, and cognitive growth at all ages. Get ready to feel the beat of the music and we'll provide the drum sticks!

Tuesdays, 10/30-12/4
4:30-5:15pm
\$45 for the 6-week session

Bounce-N-Boogie for All Ages



Jump your way to fun and fitness on a personal trampoline while listening to your favorite hits. No dance skills required! A perfect activity to burn energy and get the whole body moving.

Tuesdays, 10/30-12/4
5:30-6:15pm
\$45 for the 6-week session

The Bridge Center and Abilities Rec are teaming up to offer programming for all ages and abilities.



Providing opportunities for people with special needs since 1963

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